



The Apology Line

One night in the autumn of 1980 the artist Allan Bridge sneaked around Tribeca in Manhattan, sticking up posters. They asked people to call a number and leave an anonymous message on an answer machine, detailing a misdeed or wrongdoing, "as a way for you to tell people what you have done and how you feel about it". Bridge's intention was to make the confessionals public once the machine had collected enough messages. He planned to just step back from the project while it ran its course. It didn't work out that way: over the next 15 years, more than half a million people called in. Bridge's widow, Marissa, presents this series about her husband and his work. She saved hundreds of the tapes, and her personal involvement in the story adds a layer of intrigue. We hear callers talk simply about their regrets, apologise for infidelity or racist thoughts. Others admit to muggings and murders. A message from a man thanking Bridge for setting up the line as a way of absolving people of their crimes and then promising to kill him is particularly chilling. Human beings' hidden recesses are on full show here.

Joyride with Jools Holland and Jim Moir

Nostalgic and weird travel stories make up the meat of this warm and dry new show. Included under that banner is the time when Moir (aka Vic Reeves) and his comedy partner Bob Mortimer (the first guest) were held up with a gun in Compton, Los Angeles. That road trip lasted all of 19 miles. Being refused entry to a famous restaurant in Aix en Provence, Jarvis Cocker's terrible driving and favourite driving snacks get an airing too.

Into the Grey Zone

The "grey zone" of the title of this Sky series is what we're sitting in now, "this very dangerous place" between a state of war and a state of peace, according to Lieutenant General Graeme Lamb, former director of UK special forces. Sky's foreign affairs editor, Deborah Haynes, digs into what this really means, looking at the repercussions of the Salisbury poisonings and the threats posed by fake news and cyberhacking. The good news is that nothing seems quite as bad as Lamb makes it sound.

Available on Google Play and Apple's Podcast app unless stated otherwise

Helen Hawkins



Jools et Jim
Holland and Moir host trips down memory lane